

Winter Spring 2012
Program

GUIDE



**The
Important
Things in
Life**



Serving the families of Lemont, Lockport, Romeoville & Crest Hill

10 Montrose Dr., Romeoville, IL 60446 (815) 407-1819

www.tricountysra.org

Register Today!



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Dear Tri County Families,

It is with great enthusiasm that I come aboard at Tri County SRA. I look forward to meeting all the participants and families. I have heard such positive comments about the staff and families that I am anxious to take an active role in continuing to provide quality recreation programs and events.

I have been involved in the special recreation field for over 26 years. While I bring with me a variety of experiences I certainly know that I have a lot to learn about the communities. Tri County serves and the programs we offer. I look forward to becoming a member of the Tri County family.



I welcome each and every one of you to stop by or give me a call. Please know that my door is always open! I have a true passion for the field of special recreation and look forward to continuing and expanding the current traditions.

Sincerely,
Peggy Wilson
Tri County SRA Executive Director

MISSION STATEMENT:

Tri County Special Recreation Association serves as an extension of its member park districts and villages in fulfilling their commitment to serve all residents. To this end, Tri County Special Recreation Association's mission is to serve all residents who have a disability, regardless of severity, and to facilitate the inclusion of these individuals into their home communities' leisure programs, whenever possible. Tri County Special Recreation Association provides a continuum of services reflective of the variety and frequency provided by member districts and villages to their residents without disabilities.

ADMINISTRATION

Peggy Wilson, Executive Director – ext 204
pwilson@tricountysra.org

Cathy Davis, Business Manager – ext 206
cdavis@tricountysra.org

Brenda Cresap, CPRP, Administrative Coordinator – ext 201
bcresap@tricountysra.org

Missy Stephani, Public Information Coordinator – ext 207
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RECREATION

Kathy Ochrowicz, CPRP, Program Coordinator – ext 203
kochrowicz@tricountysra.org

Jennifer Tomczak, Recreation Specialist – ext 202
jtomczak@tricountysra.org

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PROGRAM GUIDELINES

- Tri County Special Recreation Association provides sufficient staff to participate ratio to ensure a safe and meaningful recreation experience.
- If a participant can not attend a program, he/she can not send a substitute in their place.
- When arriving and departing a program, parents/guardians are required to “check in” with the program supervisor.
- Participants will only be released to designated individuals approved by parents/guardians. Any changes to a participant’s approved list must be submitted to the office in writing.
- Participants must be picked up at the designated time that is listed in the program guide, flyer, or verbally informed by the staff.
- Tri County Special Recreation Association staff will not be responsible for participants arriving prior to the scheduled program time.
- Tri County Special Recreation Association reserves the right to cancel a program or event due to insufficient enrollment. Please note minimum and maximum registration numbers.
- Programs or special events may be cancelled due to inclement weather and make up dates may not be arranged.
- Tri County Special Recreation Association staff will not leave any person unattended after any program unless written permission has been received from said individual’s parent/guardian.
- Tri County Special Recreation Association staff will not release any person to walk unattended after any program unless written waiver has been signed from said individual’s parent/guardian.

PARENT/GUARDIAN OBSERVATION GUIDELINE

With your child’s best interest in mind, we ask that you get prior approval from Tri County Special Recreation Association staff before you visit or observe a program. Our staff always welcomes your questions, feedback, and input, but need to concentrate on the needs of the participants during program times. In addition, we have found that most individuals respond best to staff direction when parents are not present at programs. We appreciate your cooperation and understanding.

EARLY ARRIVAL

We ask that you arrive no earlier than the scheduled time for programs and trips. Tri County Special Recreation Association is not responsible for participants arriving prior to the schedule program time.

BEHAVIOR EXPECTATIONS

Tri County Special Recreation Association encourages and promotes the concept of fun for everyone. However, certain rules and guidelines have been established to ensure the safety and enjoyment for everyone. Participants, staff, volunteers and parents/guardians are expected to exhibit appropriate behavior at all times. Additional rules may be developed for particular programs and athletic leagues as deemed necessary by staff. Staff, participants, volunteers and parents/guardians shall:

- Show respect to all participants, staff, volunteers and parents.
- Abstain from using abusive or foul language.
- Refrain from causing bodily harm to other participants, staff, coaches, volunteers and parents/guardians.
- Demonstrate respect to equipment, supplies, uniforms, and facilities.
- Represent Tri County SRA in a manner that is consistent with the goals, objectives and ethics of the association.

A caring, positive approach will be utilized regarding the use of disciplinary methods. Additional or individual behavior management plans may be developed on the advice of parents, guardians, staff members, or other professionals. Tri County Special Recreation Association reserves the right to dismiss or suspend a participant if the above noted procedures are not adhered to, and/or, parent/guardian response to a problem situation is not attempted. Each situation will be evaluated individually and on its own merit.

TRI COUNTY SPECIAL RECREATION ASSOCIATION

10 Montrose Dr. | Romeoville, IL 60446

Phone: (815) 407-1819 | Fax: (815) 407-1829

www.tricountysra.org

OFFICE HOURS: Monday – Friday | 9:00am – 5:00pm

OFFICE CLOSED: Dec 23, 26, 30, Jan 2, Apr 6, May 28



PARTICIPANT ILLNESS GUIDELINES

To prevent the spread of contagious illnesses, it is recommended that participants refrain from attending programs when any of the following conditions exist:

- Fever of 100 degrees or higher
- Vomiting within the last 24 hours
- Persistent diarrhea in conjunction with other symptoms
- Contagious rash or a rash of unknown origin
- Persistent cough and/or cold symptoms
- "Pink eye" (conjunctivitis) or discharge from the eye
- Symptoms of mumps, measles, chicken pox, strep throat, flu, Impetigo, Coxsackie virus, head lice, mites, and ringworm
- Runny nose with yellow or green discharge, which indicates infection
- Fatigue, due to illness, that will hinder participation and enjoyment of the program

Please notify Tri County Special Recreation Association office if the participant contracts any contagious illness that will affect his/her attendance at the program. Participants should return to programs at the recommendation of the doctor, or, if not under a doctor's care, when the symptoms have clearly passed.

PARTICIPANT ATTENDANCE

It is very important to call us if you or your participant is unable to attend a program or event. Please contact the Tri County SRA office at 815-407-1819 between the hours of 9 am-5 pm Monday through Friday.

CONTACT PERSON

If you have questions about a specific program please feel free to get in touch with the contact person. That person is the most knowledgeable about specific programmatic questions.

ATLANTO-AXIAL INSTABILITY (AAI)

Individuals with Down Syndrome are at risk of having a condition known as Atlanto-Axial Instability (AAI). This condition allows for the increased laxity of ligaments involving the top bones of the neck. In a number of individuals with Down Syndrome, the movement between the first and second cervical vertebrae is abnormally increased and may lead to pressure on the spinal cord. It is a Tri County Special Recreation Association requirement that any individual with Down Syndrome have a doctor's written note on file stating the person is free of Atlanto-Axial Instability (AAI) in order to participate in certain programs. Please call Tri County Special Recreation Association at (815) 407-1819 for more information.



PROGRAM CANCELLATIONS DUE TO WEATHER

Tri County Special Recreation Association attempts to hold programs whenever possible. However, inclement weather occasionally makes it difficult for staff and participants to travel to program locations. Tri County Special Recreation Association cancellation policies are as follows:

- Tri County Special Recreation Association staff look at all circumstances three hours prior to the starting time of the program or transportation route, to determine if the program should be cancelled. If the program is cancelled, program staff attempt to reach all participants by phone to inform them. You will only be called if the program is cancelled.
- Tri County Special Recreation Association attempts to extend programs to make up missed dates. Tri County Special Recreation Association will call/send a letter announcing program extensions.

SEVERE WEATHER GUIDELINES

In the event of severe weather, cancelling programs may be in the best interest of our participants. The following guidelines will be used to determine cancellations:

SEVERE COLD WEATHER

- Outdoor programs: Temperature of 0 degrees or less, including wind chill.
- Programs with transportation: Temperature of 0 degrees or less, including wind chill.
- All programs (including indoor): Snowstorm situations when driving restrictions (winter storm or blizzard warning in which authorities have advised not going out unless necessary) and emergency accident plans (state and local police) are in effect.



PICK UP & DROP OFF CONSIDERATIONS

Pick ups and Drop offs may be late or early depending upon unforeseen reasons such as traffic or construction. Take this into consideration and provide the program supervisors with an accessible phone number where you can be reached if the return time should vary more than fifteen minutes.

TRANSPORTATION PROCEDURES

The following procedures are to be followed to maintain safe transportation of Tri County Special Recreation Association staff and participants. The vehicle will not proceed until these procedures have been followed. All passengers must be seated with seat belts fastened upon entering the vehicle. Wheelchairs must be securely tied down and belted in vehicles. Tri County Special Recreation Association staff is responsible for determining whether or not an individual may be transported safely due to behavior or health concerns. Tri County Special Recreation Association does not provide door-to-door transportation, but does offer drop off and pick up at centralized locations for selected programs. These locations are as follows (unless noted otherwise):

- Lemont pick up and drop off centralized location is:**
Lemont Park District, 16028 127th St., Lemont
- Lockport pick up and drop off centralized location is:**
Lockport Central Square, 222 E. Ninth St., Lockport
- Romeoville pick up and drop off centralized location is:**
Tri County Special Recreation Association office,
10 Montrose Dr., Romeoville

VEHICLE MOBILE PHONE NUMBERS

Parents/Guardians if you are running late for a pick up or have an emergency, please use the following vehicle mobile phone numbers to contact staff in your participant's program:

Dwight (M140477)	(630) 327-7902	#1
D-Lux (M170237)	(630) 327-7901	#2
GMC (M157195)	(630) 327-6918	#3
Elk (M168587)	(630) 327-7580	#4
Adidas (M173297)	(630) 417-8054	#5
Henry (M186425)	(630) 991-7483	#6

LATE TRANSPORTATION PICK UP POLICY

To eliminate staff costs, please pick up your son/daughter at the time designated in the program guide, flyer, or verbally informed by the staff. Because of the cost that is incurred when participants are picked up late, Tri County Special Recreation Association has developed a late pick up policy that will be assessed after a grace period between ten to fifteen minutes. These fees will be assessed if a parent/guardian is continually late after a reminder letter is issued and must be paid prior to participation in future programs.

Over Fifteen Minutes Late \$5.00
Over Thirty Minutes Late \$10.00
Over Forty Five Minutes Late \$15.00
Over One Hour Late \$20.00

If varied circumstances occur, additional fees can be assessed. We realize that traffic on a given day may slow you down, we give a ten to fifteen minutes grace period. Tri County Special Recreation Association will also make a strong effort to have your participant at the designated location at the time specified. If a parent/guardian is more than between ten to fifteen minutes late, the Tri County Special Recreation Association staff is obligated to leave the location to proceed to the next drop off location. It will be the responsibility of the parent/guardian to pick up their participant at the next drop off point or the Tri County Special Recreation Association office, 10 Montrose Drive, Romeoville. Parents/Guardian will need to contact the cellular phone of the appropriate vehicle in which your participant was riding in to arrange the pick up of their participant.

SAFETY FIRST

Safety is of the utmost importance to us. We ask participants and families to immediately report any potential safety hazard(s) in any Tri County SRA program, facility location or that involves a Tri County vehicle to the Tri County SRA Director by phone (815) 407-1819, or emailing pwilson@tricountysra.org.



Visit us online at www.tricountysra.org



Become a fan of Tri County Special Recreation Association ON FACEBOOK





SPECIAL EVENTS

Special Events



HALF MILE WALK, RUN OR ROLL

Ages: 8 and older

This is your chance to be involved in a big community event. The half mile event is held in conjunction with the 4th Annual Palos Bank South West Half Marathon. Each participant is able to bring one buddy with them as they walk, run or roll in this race. The race will begin with a shot gun start immediately following the start of the half marathon. Everyone will receive a commemorative t-shirt and participants will receive a medal. Medals are also given out to the top finishers. Additional paperwork will be mailed once your registration is received. All Runners and Buddies meet at the event site.

Program #	Day	Date	Event Time	Res/NR Fee
212003	SU	5/6	7:00-8:30am	Free /\$10 per Buddy

Min/Max: 4/8
 Registration Deadline: April 1
 Location: Palos Heights City Hall,
 Route 83 & 76th Ave., Palos Heights
 Contact Person: Jenny

PARENTS SOCIAL NETWORKING NIGHT

Ages 3-older

Tired of being tired and feeling like you have no energy for your child? Feel like child-rearing is going to be your undoing? Try getting back to that feeling of BEING A CHILD!! Reduce your stress with some fun, child-friendly activities. Enjoy your child and relieve your stress simultaneously! Join us for an evening of messy crafts (we'll do the clean-up), simple body stretches (kids love this too) and virtual sport activities! This is a great opportunity for not only your child to make new friends but parents too! This program is for school aged children and their families. When registering please write down family members who will be attending; immediate family only please.

Program #	Day	Date	Event Time	Res/NR Fee
212055	W	2/29	6:00-7:30pm	\$5/\$5 per family

Min/Max: 5/30
 Registration Deadline: February 17
 Location: Tri County SRA office, 10 Montrose Dr. Romeoville
 Contact Person: Jenny



NORTHERN LIGHTS

ANNUAL CANDLELIGHT BOWL

Ages: 21 and older and family members

Imagine yourself in a spectrum of greens, yellows and pinks (similar to the Northern Lights), bowling for a worthy cause to support Tri County SRA. This is the 14th gala(xy) fundraising event which includes two games of regular bowling, one game of "cosmic" bowling, dinner, and plenty of extraterrestrial fun. Various raffles are also a part of the evening. Individuals and businesses have the opportunity to become an event sponsor for \$500, T-Shirt Sponsor for \$300, or a lane sponsor for \$100. For sponsorship opportunities contact Peggy Wilson at (815) 407-1819. All contributions are tax deductible. We are grateful to all those participants, families and community members and businesses that have supported this event in the past. **Note:** Tri County Staff are not available to assist bowlers.

Program #	Day	Date	Event Time	Res/NR Fee
212001	SA	2/11	8:30pm-12:00am	\$35/person

Min/Max: 76/228
 Registration Deadline: February 3
 Location: Lockport Strike N' Spare,
 811 Northern Ave., Lockport
 Contact Person: Peggy Wilson/Kathy O.

Enjoying life is important.

REGISTER EARLY!!!

Please register by the deadline stated in the program description. The program or event will be cancelled if the registration minimums are not met. If the program or event has met its maximum numbers, you will be placed on a wait list.



For Everyone

TAEKWONDO

Ages: 10 and older

Prepare to enjoy a good workout with all your senses engaged. As both a martial art and an Olympic sport, Taekwondo focuses on challenging both your mind and body to improve coordination, power of concentration and self-confidence. Using the martial arts tradition of discipline, respect and self control; participants embark on a life-long journey to physical and mental health. Uniforms (optional) are available for purchase on the first day of class for \$45.

Program #	Day	Date	Program Time	Res/NR Fee
Session I				
212004A	SA	1/7-2/11	12:05-12:50pm	\$90/\$135
Session II				
212004B	SA	2/25-4/7	12:05-12:50pm	\$90/\$135

Min/Max: 3/8

Registration Deadline: January 2-A
February 20-B

Location: Central Square, 222 E. Ninth St., Lockport

Contact Person: Kathy O.

*** No program 3/31**

SPARE ME

Ages: 5 and older

Bowling is a universal sport; fun for the young or old, the novice or the seasoned veteran. Come out and just have fun with your friends. Each week you will bowl two games and your averages will be recorded. Please note on the registration form if bumpers or ramps are needed. A transportation schedule will be sent to you upon registration.

Program #	Day	Date	Event Time	Res/NR Fee
Session I				
212005A	M	1/30-3/5	4:30-6:00pm	\$44/\$65
Session II				
212005B	M	3/26-5/7	4:30-6:00pm	\$51/\$76

Min/Max: 5/40

Registration Deadline: January 23-A
March 19-B

Location: Lockport Strike N' Spare, 811 Northern Ave., Lockport

Contact Person: Trish



NEW! RUBBER STAMP ART

Ages: 10 and older

Make artwork to give away! Everyone likes hand-made gifts and this class is just in time for Valentine's Day. We'll make our own greeting cards using cut paper, stickers and rubber stamps. Bring your own stamps and stickers to add to the ones we'll have in class. Artist Pam Hamilton will be instructing.

Program #	Day	Date	Program Time	Res/NR Fee
212006	TH	2/9	7:00-8:00pm	\$12/\$18

Min/Max: 4/8

Registration Deadline: February 2

Location: Tri County SRA, 10 Montrose Dr., Romeoville

Contact Person: Kathy O.

SWIM LESSONS

Ages: 3 and older

Be pro-active when it comes to water safety. Our trained staff will utilize techniques and activities geared toward developing swim skills while emphasizing water safety. This is a one on one instruction; each participant will work at their own level of ability. Registration is on a first come basis.

Program #	Day	Date	Event Time	Res/NR Fee
Session I				
212007A	SA	2/11-3/10	9:35-10:15am	\$25/\$38
212007B	SA	2/11-3/10	10:20-11:00am	\$25/\$38
212007C	SA	2/11-3/10	11:05-11:45am	\$25/\$38
Session II				
212007D	SA	3/31- 5/5*	9:35-10:15am	\$25/\$38
212007E	SA	3/31-5/5*	10:20-11:00am	\$25/\$38
212007F	SA	3/31-5/5*	11:05-11:45am	\$25/\$38

Min/Max: 2/4

Registration Deadline: February 1-A,B,C
March 21-D,E,F

Location: Challenge Fitness, 2021 S. Lawrence Ave., Lockport

Contact Person: Trish

No program 4/7



Visit us online at www.tricountysra.org



PROGRAMS FOR EVERYONE

For Everyone

NEW! SCULPTING

Ages: 10 and older

Have fun expressing your creativity with clay. We'll make 3-D sculptures working with our hands to mold and shape and create textures. Artist Pam Hamilton will instruct this class.

Program #	Day	Date	Program Time	Res/NR Fee
212008	TH	2/23	7:00-8:00pm	\$16/\$24

Min/Max: 4/8

Registration Deadline: February 16

Location: Tri County SRA, 10 Montrose Dr., Romeoville

Contact Person: Kathy O.

HORSEBACK RIDING

Ages: 10 and older

Riders of all levels will enjoy this program. Participants will learn the basic principles of horseback riding, grooming, types of horses and more. Each participant will develop balance and rhythm as well as the promotion of self esteem and self confidence. Program is held in an indoor arena. Appropriate clothing to wear consists of a sweat shirt/light jacket, jeans and gym shoes (or cowboy boots). Participants must be ambulatory and able to sit on a horse without a riding partner.

Program #	Day	Date	Program Time	Res/NR Fee
212009	SA	2/25-3/10	2:00-3:00pm	\$125/\$188

Min/Max: 4/8

Registration Deadline: February 15

Location: Nova Quarter Horses, Inc.,

10129 W. 187th St., Mokena

Contact Person: Kathy O.

Leave Tri County SRA office at 1:15pm

Return to Tri County SRA office at 4:00pm



DISCOVER SCUBA EXPERIENCE

Ages: 10 and older

Join us for an exciting opportunity, called Discover Scuba Experience. No swimming proficiency is required and individuals with any type or nature of disability are encouraged to attend. This unique program is being made possible through a collaborative effort between Diveheart, Lockport Township Park District, Lemont Park District and Tri County Special Recreation Association. The Discover Scuba experience provides the opportunity to learn about scuba diving and snorkeling in a safe environment with the assistance of certified instructors and volunteers. First time participants need additional paperwork and a doctor's signature is required before getting into the pool. Paperwork will be sent once your registration is received. Note: You will be assigned a one hour time slot.

Program #	Day	Date	Program Time	Res/NR Fee
212010A	F	2/10	7:00-10:00pm	FREE
212010B	F	3/30	7:00-10:00pm	FREE
212010C	F	4/20	7:00-10:00pm	FREE
212010D	F	5/18	7:00-10:00pm	FREE

Min/Max: 1/4

Registration Deadline: January 27 - A
March 16 - B
April 6 - C
May 4 - D

Location: Lemont Park District Core Building

SPECIAL DAY FOR SPECIAL PEOPLE

Ages: 12 and older

Long lines? Not today if you sign up for the 25th Annual Norm Meyer's Special Day for Special People. This exciting day includes carnival rides, games, prizes, lunch and it's closed to the public. This is a great day to start enjoying the warmer weather.

Program #	Day	Date	Event Time	Res/NR Fee
212011	TH	5/31	10:00am- 1:30pm	\$15/\$25

Min/Max: 4/12

Registration Deadline: April 28

Location: 10401 W. 153rd St., Metra Station, Orland Park

Contact Person: Jenny

Leave Tri County SRA office at 9:15am

Return to Tri County SRA office at 2:15pm



Children

AUTISM MOVEMENT THERAPY

Ages: 5-12 years

Autism Movement Therapy combines structured movement with music. This unique sensory integration program is a way for each child to express themselves as well as work on motor skills, listening skills, and peer interactions. This class is open to anyone interested in moving to music.

Program #	Day	Date	Program Time	Res/NR Fee
212012	M	1/16-2/13	4:30-5:30pm	\$31/\$47

Min/Max: 4/8

Registration Deadline: January 9

Location: Streams Recreation Center Streams

24319 Cedar Creek Ln., Plainfield

Contact Person: Jenny

SUNDAY CINEMA

Ages: 8-15 years

Don't have plans on Sunday—well now you do. Make a date with your friends from Tri County SRA to see the latest movie releases. Admission is included in the program fee, but please bring money for food and refreshments.

Program #	Day	Date	Program Time	Res/NR Fee
212013A	SU	2/26	12:00-3:30pm	\$25/\$38
212013B	SU	3/25	12:00-3:30pm	\$25/\$38
212013C	SU	4/22	12:00-3:30pm	\$25/\$38

Min/Max: 4/10

Registration Deadline: February 15 - A
March 14 - B
April 11 - C

Location: AMC Loews, 10000 Woodward Ave., Woodridge

Contact Person: Trish

Leave Tri County SRA office at 11:45am

Return to Tri county SRA office at 4:00pm

T-BALL

Ages: 6-8 years

Throwing, catching, running and hitting off a "T" will all be a part of this program. Basic rules of baseball will also be covered in the program. On the last day of class, there will be a parents vs. players' game. Bring a water bottle and wear gym shoes. Athletic apparel is required. No jeans.

Program #	Day	Date	Program Time	Res/NR Fee
212015	TH	5/10- 5/31	5:00-5:45pm	\$18/\$27

Min/Max: 5/12

Registration Deadline: May 1

Location: Miracle Field, Lemont Park District,

16028 W. 127th St., Lemont

Contact Person: Kathy O



CHALLENGER LITTLE LEAGUE

Ages: 9-15 years

Players will learn the basic skills of baseball and play games. The first three weeks will be devoted to practicing and the remainder of the season the team will play in games with other special recreation associations. Games will be played both at home and at other sites. A detailed schedule will be available at the first practice. Games and practices may be cancelled due to inclement weather and will not be rescheduled. Each participant will receive a team t-shirt and baseball cap to be worn during the games. Away game locations will vary.

Program #	Day	Date	Event Time	Res/NR Fee
212014	TH	5/10-7/26	6:00-7:00pm	\$90/\$135

Min/Max: 6/12

Registration Deadline: May 1

Location: Miracle Field, Lemont Park District,

16028 W. 127th St., Lemont

Contact Person: Kathy O.

Play is our brain's favorite way of learning.



TEEN & ADULT PROGRAMS

Teen & Adult

AKTION CLUB

Ages: 18 and older

Aktion Club is a part of Kiwanis International and is a community service based club for adults who live with a disability. The club meets every other week either at the Tri County SRA office in Romeoville or at other locations in the community. Members plan (usually the first Wednesday of each month) and experience community service projects, fund raising and educational presentations while developing important skills in the process. The club is sponsored by the Kiwanis Club of Bolingbrook/Romeoville, Tri County Special Recreation Association and the Valley View Transition Department.

Program #	Day	Date	Program Time	Res/NR Fee
210041	W	1/11, 2/1, 3/7, 4/4, 5/2, 6/6	6:30-7:30pm	\$15 Annual Fee

Min/Max: 20

Registration Deadline: On Going

Location: Tri County SRA office, 10 Montrose Dr., Romeoville

Contact Person: Kathy O.

WINTER GOLF

Ages: 16 and older

Who says you can only golf in nice weather? Pack up those clubs and let's head over to Ditka's Sports Dome. This 6,000 sq. foot facility offers forty-four practice stations on two tiers—plus a putting area. Sign up today and keep the dust off your clubs and the rust off your game.

Program #	Day	Date	Program Time	Res/NR Fee
212016	TH	2/2-2/23	6:45-8:00pm	\$50/\$75

Min/Max: 4/8

Registration Deadline: January 27

Location: Ditka's Dome, 730 N. Bolingbrook Dr., Bolingbrook

Contact Person: Trish

Leave Tri County SRA office at 6:30pm

Return to Tri County SRA office at 8:15pm

RECRUITING PART-TIME STAFF/VOLUNTEERS

Tri County Special Recreation Association is looking for part-time program supervisors, recreation leaders and volunteers. If you are interested in working at Tri County Special Recreation Association fill out and return an application. Volunteer groups are always welcome. Please contact Kathy Ochrowicz at 815-407-1819 ext 203.



NEW! CRITIC'S CORNER

Ages: 16 and older

Calling all movie buffs! Come enjoy a good movie with your friends from Tri County SRA. Sit back and relax with your favorite movie snack and travel to other places and times through the magic of movies. Admission is included in the program fee, but please bring money for food and refreshments.

Program #	Day	Date	Program Time	Res/NR Fee
212017A	F	2/3	5:00-8:30pm	\$25/\$38
212017B	F	3/9	5:00-8:30pm	\$25/\$38
212017C	SA	4/21	5:00-8:30pm	\$25/\$38

Min/Max: 4/10

Registration Deadline: January 25 - A
February 28 - B
April 11 - C

Location: AMC Loews, 10000 Woodward Ave., Woodridge

Contact Person: Trish

Leave Tri County SRA office at 4:45pm

Return to Tri county SRA office at 9:00pm

DINER'S CLUB

Ages: 16 and older

Come be a part of a dynamic group of people who enjoy new restaurants and old favorites. Eating is just part of this program; good times and great conversation are always on the menu. This program begins after Spare Me, so why not bowl and have a wonderful dinner. Please bring \$25.00 for dinner. A detailed schedule will be sent to you upon registration.

Program #	Day	Date	Program Time	Res/NR Fee
212018	M	2/6, 2/27, 4/2 & 4/23	7:15-9:15pm*	\$45/\$68

Min/Max: 5/10

Registration Deadline: January 25

Location: Varies

Contact Person: Trish

*approximate times



Teen & Adult

ACTORS GUILD

Ages: 13 and older

This exceptional program is held cooperatively with SEASPAR, and taught by Christine Rehak-Grohne of Actors with Special Needs. She is without a doubt the most unique and energetic teacher you will ever meet. Her enthusiasm, creativity and sheer love of the theater will have you performing like a star in no time. No acting experience is required; everyone will have their own individual part regardless of ability. On the last day of this program there will be a play where you will showcase all of your talents you have learned throughout the program.

Program #	Day	Date	Program Time	Res/NR Fee
212019	W	2/8-5/2*	5:00-6:00pm	\$125/\$188

Min/Max: 3/10

Registration Deadline: January 30

Location: Lincoln Center, 935 Maple Ave., Downers Grove

Contact Person: Trish

Leave Tri County SRA office at 4:30pm

Return to Tri County SRA office at 6:30pm

**no program 3/21*

MOVIE MANIA

Ages: 13 and older

There's only one way to travel to distant places, one way to leave your cares behind, one way to become a super hero—that way is through movies. Leave your worries behind and spend a night traveling with your friends. Each program date you will vote on which movie (G, PG, or PG13) you would like to see. Please bring money for refreshments. This program begins right after Spare Me, so why not bowl, see a movie and leave the driving to us. A detailed schedule will be provided before each program date.

Program #	Day	Date	Event Time	Res/NR Fee
212020	M	2/13, 3/5, 4/9 & 4/30	7:15-9:45pm*	\$85/\$128

Min/Max: 5/12

Registration Deadline: February 1

Location: AMC Loews, 10000 Woodward Ave., Woodridge

Contact Person: Trish

**approximate times*



Please register by the deadline stated in the program description. The program or event will be cancelled if the registration minimums are not met. If the program or event has met its maximum numbers, you will be placed on a wait list.

Taking time for fun is important.

NEW! TASTE TESTERS

Ages: 18 and older

The chefs-in-training at Joliet Jr. College are hard at work stirring, baking and preparing fantastic culinary delights. We will taste different menu offerings such as Italian, French, Greek, Polish, etc. Buffets include an array of incredible entree items, salads, delicious just-baked breads and tempting desserts. Taste Testers will venture out once a month to sample their delectable lunchtime meals. Theme buffets are totally student-driven and menus are not available in advance, it will be a culinary surprise every time we dine! Fee includes your lunch.

Program #	Day	Date	Event Time	Res/NR Fee
212021A	W	2/29	11:30am-1:30pm	\$25/\$38
212021B	W	3/28	11:30am-1:30pm	\$25/\$38
212021C	W	4/25	11:30am-1:30pm	\$25/\$38
212021D	W	5/30	11:30am-1:30pm	\$25/\$38

Min/Max: 5/10

Registration Deadline: February 20 - A
March 19 - B
April 16 - C
May 21 - D

Location: The Renaissance Center, 214 North Ottawa St., Joliet

Contact Person: Jenny

Leave Tri County SRA office at 11:00am

Return to Tri County SRA office at 2:15pm

IKC DOG SHOW

Ages: 16 and older

Do you love dogs? If so, this is your ultimate dream program. You will be surrounded by so many different types of breeds you won't know which way to go first. Friday is a non-competition day which means most of the owners and handlers will talk to you and allow you to pet their dogs. This truly is a wonderful experience. Program fee includes admission into the show, but please bring money for lunch. A variety of pet gifts are also available for purchase.

Program #	Day	Date	Event Time	Res/NR Fee
212022	F	2/24	11:00am-3:00pm	\$40/\$60

Min/Max: 5/12

Registration Deadline: February 14

Location: McCormick Place, Chicago

Contact Person: Trish

Leave Tri County SRA office at 10:00am

Return to Tri County SRA office at 4:30pm



TEEN & ADULT PROGRAMS

Teen & Adult

HIP HOP DANCE MOVES

Ages: 13 and older

Learn the latest in "Hip Hop" dance moves such as the Lawn Mower, Robot, Matrix and more. Hip Hop is known for its fast, athletic movements and body isolations. Please wear tennis shoes and athletic clothes to class. The Romeoville Razzlers Coaches will be instructing.

Program #	Day	Date	Program Time	Res/NR Fee
212023A	SA	3/3-3/17	3:00-3:45pm	\$21/\$32
212023B	SA	4/14-4/28	3:00-3:45pm	\$21/\$32

Min/Max: 6/15

Registration Deadline: February 22 - A
April 4 - B

Location: Romeoville Recreation Center,
900 W. Romeo Rd., Romeoville
Contact Person: Kathy O

NEW! THE 25TH ANNUAL PUTNAM COUNTY SPELLING BEE

Ages 18 and older

This fun and laugh out loud musical is about six adolescent outsiders vying for the spelling championship of a lifetime. They learn that winning isn't everything and that losing doesn't necessarily make you a loser. We will learn more than how to spell words. We will find out a little bit about each speller and what makes them unique.

Program #	Day	Date	Program Time	Res/NR Fee
212024	SU	3/4	2:00-4:30pm	\$18/\$27

Min/Max: 8/15

Registration Deadline: February 6
Location: Joliet Jr. College Fine Arts Dept.,
1215 Houbolt Rd. Joliet
Contact Person: Jenny
Leave Tri County SRA office at 12:30pm
Return to Tri County SRA office at 5:30pm



MEDIEVAL TIMES

Ages: 16 and older

Enjoy a feast fit for a king and a performance unlike anything you have ever experienced. Witness the pageantry of breathtaking jousting along with incredible feats of skill and bravery. Program fee includes dinner and tournament.

Program #	Day	Date	Event Time	Res/NR Fee
212025	SU	3/4	2:00-4:15pm	\$100/\$150

Min/Max: 6/12

Registration Deadline: February 20
Location: 2001 N. Roselle Rd., Schaumburg
Contact Person: Trish
Leave Tri County SRA office at 12:15pm
Return to Tri County SRA office at 5:15pm

MOVIES & MUNCHIES

Ages: 13 and older

Pull up a chair and kick back and enjoy an evening with your friends watching some classic movies or the newest releases. The evening won't be complete without some yummy munchies. Each program date we will be watching a movie that you voted for and of course munchin' on some snacks. Movies will be rated G, PG or PG-13. Come to the first program date with a list of a few of your favorite movies or ones that you have not seen.

Program #	Day	Date	Program Time	Res/NR Fee
212026	TU	3/6-3/20	6:45-8:30pm	\$21/\$32

Min/Max: 5/12

Registration Deadline: February 22
Location: Tri County SRA office, 10 Montrose Dr., Romeoville
Contact Person: Jenny

SOUND OF MUSIC

Ages: 10 and older

This exciting program will introduce you to the world of music. A potpourri of musical instruments, rhythm and song await your adventurous spirit. Folk songs, drum circles and a host of hands on percussion instruments will ignite your every sense. This is a wonderful program filled with hands on musical fun.

Program #	Day	Date	Program Time	Res/NR Fee
212027	W	3/7- 4/25	7:00-8:00pm	\$80/\$120

Min/Max: 4/8

Registration Deadline: February 27
Location: Tri County SRA office, 10 Montrose Dr., Romeoville
Contact Person: Trish



HOLLYWOOD CASINO

Ages: 21 and older

Are the slot machines calling your name? Is it your night to win the big jackpot? Well don't sit at home and wonder. Join your friends from Tri County SRA to see who will be the big winner. Your exciting evening will begin with a fabulous prime rib dinner buffet at the Casino which is included in the program fee. Please bring money for your own gambling.

Program #	Day	Date	Event Time	Res/NR Fee
212028	SA	3/10	5:45- 9:00pm	\$40/\$60

Min/Max: 5/12

Registration Deadline: February 29

Location: 2300 Empress Dr., Joliet

Contact Person: Trish

Leave Tri County SRA office at 5:00pm

Return to Tri County SRA office at 9:45pm

CRUISING DAYS

Ages: 21 and older

Four exciting events are planned for the winter/spring session of Cruising Days. Our day long events encompass the sights and sounds of the Chicago area. We will begin our adventures with bowling and lunch, then to Pheasant Run for a fabulous lunch and play, we will try our luck at Arlington Race Track and end the season with a minor league baseball game. The program fee includes admission to all events. Please bring \$20.00 for lunch unless otherwise stated. A detailed program schedule will be sent upon registration.

Program #	Day	Date	Program Time	Res/NR Fee
212029	TH	3/15, 4/12, 5/10 & 5/24	9:00am-5:00pm*	\$185/\$278

Min/Max: 4/7

Registration Deadline: February 29

Location: Varies

Contact Person: Trish

*approximate times

CHICAGO BLACKHAWKS

Ages: 16 and older

Come and watch all of your favorite players hit the ice including Jonathan Toews, Patrick Sharp, Duncan Keith and new tough guy Dan Carcillo. The Hawks will host those nasty Nashville Predators. Their quest is to regain the Stanley Cup. Come and help cheer them onto a victory. Please note that our seats are in the 300 section which will require climbing a number of stairs. Bring money for food. Don't wait to register, there are a limited number of tickets for this game.

Program #	Day	Date	Event Time	Res/NR Fee
212030	SU	3/25	6:30-9:30pm	\$60/\$90

Min/Max: 6/10

Registration Deadline: March 12

Location: United Center, 1901 W. Madison St., Chicago

Contact Person: Jenny

Leave Tri County SRA office at 4:00pm

Return to Tri County SRA office at 10:30pm

GAMES GALORE

Ages: 13 and older

We have plenty of games and activities to keep us busy all night long. Card games and Uno, to bags and bocce; each night we will have a new game to play. Don't worry we will use that big screen TV that "Wii" have. If you have a favorite game, bring it with and let's give it a try. A small snack will be served.

Program #	Day	Date	Program Time	Res/NR Fee
212031	TU	3/27-4/10	6:45-8:30pm	\$24/\$36

Min/Max: 5/12

Registration Deadline: March 14

Location: Tri County SRA office, 10 Montrose Dr., Romeoville

Contact Person: Jenny



Visit us online at www.tricountysra.org

PROGRAM NOTES

Our staff have made every effort to prepare this program guide as accurately as possible; however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. Tri County Special Recreation Association reserves the right to make any such adjustments. The staff apologizes for any inconveniences these errors or adjustments may cause.



TEEN & ADULT PROGRAMS

Teen & Adult

DAVE & BUSTERS

Ages: 16 and older

Enjoy a day filled with hundreds of cutting edge action games and a lunch menu to please every palate. There is always something new and exciting waiting for you at Dave & Busters. Lunch and a \$10.00 game card are included in the program fee, but please bring money for additional games.

Program #	Day	Date	Program Time	Res/NR Fee
212032	SA	4/28	12:45-4:00pm	\$39/\$59

Min/Max: 5/12

Registration Deadline: April 16

Location: 1155 N. Swift Rd., Addison

Contact Person: Trish

Leave Tri County SRA office at 12:00pm

Return to Tri County SRA office at 5:00pm

RIVER WALK/FRONT STREET CANTINA

Ages: 16 and older

Let's enjoy the great outdoors by walking along the Naperville River Walk and then strolling to the local Front Street Cantina. At the cantina we will enjoy some tasty appetizers, a refreshing beverage and the opportunity to chat with our friends. Please dress for the weather and remember to wear your walking shoes.

Program #	Day	Date	Event Time	Res/NR Fee
212033	SU	4/29	1:45-4:00pm	\$25/\$38

Min/Max: 5/12

Registration Deadline: April 23

Location: Downtown Naperville

Contact Person: Kathy O.

Leave Tri County SRA office at 1:15pm

Return to Tri County SRA office at 4:30pm

NEW! GREEN THUMB

Ages: 13 and older

Are you ready to get a green thumb and learn about gardening? We are going to be maintaining an organic community garden with our friends at SRJC. A qualified gardener instructor will teach this class. The first class will be 90 minutes long and transportation time will be adjusted.

Program #	Day	Date	Program Time	Res/NR Fee
212034	W	5/2-6/6	6:00-7:00pm	\$60/\$90

Min/Max: 5/10

Registration Deadline: April 18

Location: Joliet Park District, 3000 W. Jefferson St., Joliet

Contact Person: Jenny

Leave Tri County SRA office at 5:15am

Return to Tri County SRA office at 7:45pm

NEW!

WHITE PINES RANCH

Ages: 13 and older

Saddle up with us for a day of horseback riding and enjoying the good outdoors at the White Pines Ranch. Lunch is also included in this adventure at a local restaurant in Oregon. Appropriate clothing to wear consists of a sweatshirt/light jacket, jeans and gym shoes (or cowboy boots). Participants must be ambulatory and able to sit on a horse without a riding partner. **NOTE:** A White Pines Ranch waiver must be signed before May 1st.

Program #	Day	Date	Event Time	Res/NR Fee
212035	SU	5/20	11:00am-2:00pm	\$74/\$111

Min/Max: 7/12

Registration Deadline: March 12

Location: White Pines Ranch, 3581 W. Pines Rd., Oregon, IL

Contact Person: Kathy O.

Leave Tri County SRA office at 9:00am

Return to Tri County SRA office at 4:00pm

MARK YOUR CALENDARS

2012 VACATION CRUISE

Ages: 21 and older

When it comes to beautiful beaches and sparkling blue waters, the Caribbean is really in a league of its own. Sail away with us on a Southern Caribbean 7 night cruise aboard Royal Caribbean. Our itinerary will consist of the following ports: San Juan, St. Thomas, St. Kitts, Curacao, and Aruba. More details will follow.

Program #	Day	Date	Res/NR Fee
212601	SA-SA	11/24-12/1	\$1600/\$1700

Contact Person: Cathy Davis

If bread is the first necessity of life, recreation is a close second.



Dances

SRS'S WINTER BLUES BUSTER

Ages: 13 and older

Are you tired of being stuck in the house? Are you ready to bust out and bust a move? An exciting evening of music, dancing and games is sure to get rid of those winter blues. NOTE: A light snack will be provided. Please eat dinner before the program.

Table with 5 columns: Program #, Day, Date, Event Time, Res/NR Fee. Row 1: 212002, F, 1/20, 6:30-9:00pm, \$20/\$30

Min/Max: 8/25
Registration Deadline: January 9
Location: Dolton Park District Field House, 14700 Evers, Dolton
Contact Person: Jenny

Table with 4 columns: Location, Pick Up Time, Drop Off Time. Rows for Romeoville, Lockport, Lemont

SRJC'S VALENTINE'S DAY DANCE

Ages: 13 and older

Tonight is the night to get all dressed up. You may meet your cupid at this dance. Come join your friends for a fun evening of dancing and raffle prizes. The evening includes dinner, entertainment and raffle prizes.

Table with 5 columns: Program #, Day, Date, Event Time, Res/NR Fee. Row 1: 212036, F, 2/10, 6:30-9:00pm, \$15/\$23

Min/Max: 10/25
Registration Deadline: January 23
Location: Joliet Multi Purpose Center, 3000 W. Jefferson St., Joliet
Contact Person: Jenny

Table with 4 columns: Location, Pick Up Time, Drop Off Time. Rows for Romeoville, Lockport, Lemont

OAK LAWN SPECIAL RECREATION'S MARDI GRAS MAMBO

Ages: 13 and older

It's time to get crazy and dance the night away at the Mardi Gras Mambo dance. Mardi Gras is all about parties, parades, balls, celebrations, and of course this annual dance. A sea of purples, greens and golds will fill the room! The evening includes a light snack, refreshments, and entertainment.

Table with 5 columns: Program #, Day, Date, Event Time, Res/NR Fee. Row 1: 212037, F, 2/24, 7:00-9:00pm, \$15/\$23

Min/Max: 10/25
Registration Deadline: February 13
Location: Oak Lawn Park District Pavilion, 9401 S. Oak Park Ave., Oak Lawn
Contact Person: Jenny

Table with 4 columns: Location, Pick Up Time, Drop Off Time. Rows for Romeoville, Lockport, Lemont

ORLAND PARK'S SHAMROCK SHUFFLE

Ages: 13 and older

Put on your kilt and clogs and join your friends at this dance where everyone is a wee bit Irish. Are you ready to jig the night away? Program fee includes dinner and entertainment.

Table with 5 columns: Program #, Day, Date, Event Time, Res/NR Fee. Row 1: 212038, F, 3/2, 6:30-9:00pm, \$25/\$38

Min/Max: 10/25
Registration Deadline: February 13
Location: Orland Park Civic Center, 14750 S. Ravinia Ave., Orland Park
Contact Person: Jenny

Table with 4 columns: Location, Pick Up Time, Drop Off Time. Rows for Romeoville, Lockport, Lemont



You've got to dance like nobody's watching and love like it's never going to hurt.

Anonymous



DANCES

Dances

UNIVERSITY OF ST. FRANCIS RED CARPET AFFAIR DANCE

Ages: 13 and older

Come enjoy a night of elegance with students from the University of St. Francis! The University will be hosting their 1st Annual "Red Carpet Affair" dance so make sure you wear all your glitz and glamour for a night of dancing and fun! This event also includes a small snack and refreshments!

Program #	Day	Date	Event Time	Res/NR Fee
212039	F	3/23	7:00-9:00pm	\$15/\$23

Min/Max: 10/25

Registration Deadline: March 9

Location: University of St. Francis,
500 Wilcox St. Joliet, IL 60435

Contact Person: Jenny

	Romeoville	Lockport	Lemont
Pick Up Time:	5:50pm	6:30pm	6:10pm
Drop Off Time:	10:15pm	9:45pm	10:00pm

LWSRA'S MEXICAN FIESTA

Ages: 13 and older

Arriba! This sizzling and spicy night is what you need. No one will be taking a siesta at this dance. Program fee includes a Mexican dinner and entertainment. Are you feelin' hot, Hot HOT?

Program #	Day	Date	Event Time	Res/NR Fee
212040	F	4/13	6:30-9:00pm	\$20/\$30

Min/Max: 10/25

Registration Deadline: April 2

Location: Lincolnway Central High School,
1801 E. Lincoln Hwy., New Lenox

Contact Person: Jenny

	Romeoville	Lockport	Lemont
Pick Up Time:	5:10pm	5:50pm	5:30pm
Drop Off Time:	10:30pm	10:00pm	10:15pm



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CELEBRITY LOOK-ALIKE DANCE

Ages: 13 and older

Are you ready to walk the Red Carpet? Come dressed as your favorite celebrity and get the royal treatment. Hors d'oeuvres, treats, photographs, prizes and dancing is what's in store for us this evening. You are a star!

Program #	Day	Date	Program Time	Res/NR Fee
212041	F	5/4	7:00-9:30pm	\$15/\$23

Min/Max: 8/25

Registration Deadline: April 16

Location: Joliet West High School, 401 N. Larkin Ave., Joliet

Contact Person: Jenny

	Romeoville	Lockport	Lemont
Pick Up Time:	5:50pm	6:30pm	6:10pm
Drop Off Time:	10:30pm	10:00pm	10:15pm

SWSRA'S ANNUAL SPRING FORMAL

Ages: 13 and older

A magical evening fit for a King and Queen. Gentlemen, get spruced up for that special someone. Ladies, this is the night to put on that extra special outfit. A buffet dinner, keepsake picture and flowers make this event extraordinary. Program fee includes dinner, entertainment and more.

Program #	Day	Date	Event Time	Res/NR Fee
212042	F	5/11	6:30-9:00pm	\$35/\$53

Min/Max: 10/25

Registration Deadline: April 23

Location: Apollo Recreation Center,
12521 S. Kostner Ave., Alsip

Contact Person: Jenny

	Romeoville	Lockport	Lemont
Pick Up Time:	5:00pm	5:20pm	5:40pm
Drop Off Time:	10:15pm	10:00pm	9:45pm



Special Olympics

ICE SKATING LESSONS

Ages: 16 and older

Gliding gracefully and leaping into the air, let's learn to skate. The instructor will teach you basic skills to build upon. Skaters must wear loose fitting and warm clothing, no jeans allowed. A jacket and gloves are highly suggested. Lessons will be taught by an instructor from Joliet Park District. Arrive fifteen minutes before your start time. Ice skates can be rented at the facility.

Program #	Day	Date	Program Time	Res/NR Fee
212043A	SU	1/8-2/19	4:15-4:45pm	\$40/\$60
212043B	TH	2/23-4/5	5:30-6:00pm	\$40/\$60
212043C	SU	4/29-6/3	4:15-4:45pm	\$40/\$60

Min/Max:1/5

Registration Deadline: A-December 23
B-February 7
C-April 13

Location: Inwood Ice Arena, 3000 W. Jefferson, Joliet
Contact Person: Jenny

SWIM TEAM

Ages: 10 and older

Swim Team is designed for the swimmer who wants to compete in local and statewide swim meets against other SRA'S. Athletes must be able to swim the length of the pool without stopping or touching the bottom. Practices will focus on swim endurance and stroke technique. District swim meets will occur in late winter—athletes must have an application for participation in Special Olympics—Illinois completed by their doctor by January 6th.

Program #	Day	Date	Program Time	Res/NR Fee
212044	TU	1/10-2/28	5:00-5:40pm	\$60/\$90

Min/Max:1/4

Registration Deadline: January 6
Location: Challenge Fitness, 2021 S. Lawrence Ave., Lockport
Contact Person: Trish

SPECIAL OLYMPICS ARTISTIC AND RHYTHMIC GYMNASTICS

Ages: 13 and older

Gymnastics is a great sport that increases flexibility, boosts concentration and best of all it's a lot of fun. Artistic gymnasts work on strength and coordination while training in tumbling, acrobatic skills and limited apparatus work. Rhythmic gymnasts learn a combination of ballet and dance then incorporating basic gymnastics skills and hand apparatus –such as rope, hoop, ball and ribbon. This program is for athletes who can sequence six or more skills to compose a routine for Special Olympics. The competition is on Sunday March 11th. This program will be a co-op with JBSRA. Athletes must wear a leotard or fitted clothing, no jeans allowed. Athletes must have an application for participation in Special Olympics Illinois completed by their doctor by January 4. Call the office to check if your application is in good standing. All athletes will meet directly at the Annerino Community Center.

Program #	Day	Date	Program Time	Res/NR Fee
212045	TH	1/12-4/12	7:30-9:00pm	\$128/\$188

Min/Max: 2/10

Registration Deadline: January 4
Location: Annerino Community Center,
201 Recreation Dr, Bolingbrook
Contact Person: Jenny

**Sports do not build character.
They reveal it.**
John Wooden





FITNESS FRENZY

Ages: 16 and older

Is a healthier you on your New Years' resolution list? This program focuses on health and wellness and is for all fitness levels. Are you looking to boost your cardiovascular endurance by walking and lifting light weights? Or are you looking to increase your fitness, flexibility and strength to prepare you better to compete in your favorite Special Olympics sport like golf or softball? Athletes will be placed into groups based upon ability and will workout with a staff member or work semi-independently with another athlete. Please wear gym shoes and athletic clothing, no jeans. Sign up for the Wolves Track and Field Team, and we will drive you there.

Program #	Day	Date	Program Time	Res/NR Fee
212046	TH	2/9-4/26	5:00-6:15pm	\$80/\$120

Min/Max: 4/8
Registration Deadline: January 23
Location: Romeoville Recreation Center,
900 W. Romeo Rd., Romeoville
Contact Person: Jenny

WOLVES POWERLIFTING

Ages: 16 and older

Do you like lifting weights? Are you ready to take the next step and start competing? Athletes will compete in the bench press and deadlift at the Special Olympics Area competition on Sunday, April 29, 2012. Athletes who win a gold medal qualify to participate in the Special Olympics Summer Games, June 15-17, 2012. Athletes must have an application for Special Olympics completed by their doctor by January 30. Please call the office to check if your application is in good standings. In addition to preparing you for the competition, this program will boost your cardiovascular endurance and general fitness. This program is for all fitness levels, come and give powerlifting a try! Sign up for the Wolves Track and Field Team, and we will drive you there.

Program #	Day	Date	Program Time	Res/NR Fee
212047	TH	2/9-4/26	5:00-6:15pm	\$100/\$150

Min/Max: 4/8
Registration Deadline: January 23
Location: Romeoville Recreation Center,
900 W. Romeo Rd., Romeoville
Contact Person: Jenny

REGISTER EARLY!!!

Please register by the deadline stated in the program description. The program or event will be cancelled if the registration minimums are not met. If the program or event has met its maximum numbers, you will be placed on a wait list.

WOLVES TRACK AND FIELD TEAM

Ages: 8 and older

50 meter dash, running long jump, softball throw, there are so many different events to participate in at track and field. Put your gym shoes on, and lets race to the Area 7 Spring Games and go for gold! Spring Games will be held Saturday, May 5, 2012 at Thornwood High School in South Holland. Athletes who win a gold medal qualify to participate in the Special Olympics Illinois Summer Games held at Illinois State University, June 15-17, 2012. Athletes must have an application for participation in Special Olympics completed by their doctor by February 20. Please call the office to check if your application is in good standings. Please wear gym shoes and athletic clothing, no jeans. Are you looking to boost your endurance? If so, join Fitness Frenzy or Powerlifting and we will bring you to Track and Field.

Program #	Day	Date	Program Time	Res/NR Fee
212048	TH	3/1-5/3	7:30-8:45pm	\$90/\$135

Min/Max: 6/15
Registration Deadline: February 20
Location:
Lemont Park District Core, 16050 W 127th St., Lemont &
Lemont High School, 800 Porter St., Lemont
Contact Person: Jenny

WOLVES BOCCE TEAM

Ages: 12 and older

Are you ready to challenge your fellow athletes and friends to a game of bocce? We will learn the rules, strategies and practice our skills in this laid back yet exciting sport. Each athlete can compete as an individual or with a partner at the Special Olympics Illinois Area 7 Bocce Tournament on Saturday, April 14, 2012. Athletes who win a gold medal qualify to participate in the Special Olympics Illinois Summer Games held at Illinois State University, June 15-17, 2012. Athletes must have an application for participation in Special Olympics completed by their doctor by February 20. Please call the office to check if your application is in good standings. Looking to spend more times with friends? Sign up for Movies and Munchies and Games Galore. You're already at the office why not stay and have some more fun!

Program #	Day	Date	Program Time	Res/NR Fee
212049	TU	3/6-4/10	5:15-6:30 pm	\$68/\$102

Min/Max: 4/12
Registration Deadline: February 20
Location: Tri County SRA office, 10 Montrose Dr., Romeoville
Contact Person: Jenny



Special Olympics

SEASPAR BOWLING TOURNAMENT

Ages: 13 and older

It's time to show off your bowling skills and compete as a team at the 32nd Annual SEASPAR Bowling Tournament. Each bowler will bowl three games and have the chance to win individual awards along with the prestigious Highest Team Average trophy. Lunch will be served. Go ahead and strike up some fun! An additional waiver will be sent to you after we receive your registration which is due by March 8.

Program #	Day	Date	Event Time	Res/NR Fee
212050	SA	4/14	9:30am-1:00pm	\$32/\$48

Min/Max: 6/12

Registration Deadline: February 27

Location: Willowbrook Lanes,
735 Plainfield Rd., Willowbrook

Contact Person: Jenny

Leave Tri County SRA office at 8:45am

Return to Tri County SRA office at 1:45pm

NEW! PRE SEASON SOFTBALL

Ages: 13 and older

Let's get a jump start on the softball season with some pre season training. Dust off your mitt and bat and get ready to focus on the basic skills and drills to help you become a great player. Bring your equipment and both gym shoes and cleats. Practice may be outside weather permitting.

Program #	Day	Date	Program Time	Res/NR Fee
212051	TU	4/17-5/1	6:30-8:30pm	\$18/\$27

Min/Max: 12/18

Registration Deadline: April 2

Location: Lemont Park District Core,
16050 W. 127th Street, Lemont

Contact Person: Jenny

WOLVES SOFTBALL TEAM

Ages: 13 and older

Sliding into home, striking the batter out, its going . . . its going...its gone! Come join the Wolves Softball team and you can be a part of these fantastic plays. Home and away games will be scheduled to prepare the team for the ITRS Softball Tournament on July 15, 2012 and the Special Olympics District Tournament on August 5, 2012. If the team wins a gold medal at the District Tournament, they will qualify to participate in the Special Olympics Illinois Outdoor Sports Festival held in Decatur, September 8 and 9, 2012. An additional practice will be scheduled if the team qualifies. It's essential that athletes wear softball appropriate clothing to practice and bring their softball glove each week. No jeans allowed. Athletes must have an application for participation in Special Olympics completed by their doctor by April 30. Please call the office to check if your application is in good standing.

Program #	Day	Date	Program Time	Res/NR Fee
212052	TU	5/8- 7/31	6:30-8:30pm	\$100/\$200

Min/Max: 12/18

Registration Deadline: April 30

Location: Lemont Park District,
16028 W. 127th Street, Lemont

Contact Person: Jenny

SUMMER KICK OFF PARTY

Ages: 8 and older

Let's kick off the summer the right way, with the Area 7 Special Olympics and the Construction Team Kick Off Party. A fun-packed day filled with lunch, games, a commemorative t-shirt, a D.J. and much more. Participants must have a Special Olympics application for participation on file to attend this program.

Program #	Day	Date	Event Time	Res/NR Fee
212053	SA	6/2	11:00am-2:00pm	\$15/\$20

Min/Max: 5/10

Registration Deadline: May 21

Location: All State Headquarters,
2775 Sanders Rd., Northbrook

Contact Person: Jenny

Leave Tri County SRA office at 10:00am

Return to Tri County SRA office at 3:00pm



When a team dedicates itself to trust and combines instinct with effort, it is ready to climb.

Patanjali



SPECIAL OLYMPICS

Special Olympics

WOLVES GOLF TEAM

Ages: 16 and older

If you can hold a golf club, you can learn how to play. Come join our team and find out how much fun this sport can be. We will meet each week to practice on the driving range, the putting green and even play a few holes on the course. Athletes must wear appropriate golf attire, a collared shirt and dress shorts or pants. Athletes will compete at the Area 7 District Golf Tournament on July 16th. Participants who receive a gold medal at Districts will then compete in the Special Olympics Illinois held in Decatur. Athletes must have an application for participation in Special Olympics Illinois completed by their doctor by May 28th. Practices may be cancelled due to inclement weather and will not be rescheduled.

Program #	Day	Date	Program Time	Res/NR Fee
212301	TH	6/7-7/12	6:30-8:30pm	\$45/\$88

Min/Max: 4/12

Registration Deadline: May 28

Location: Prairie Bluff Public Golf Club,

19433 Renwick Rd., Lockport

Contact Person: Trish

NEW! BOWHEART

Ages: 13 and older

Are you interested in archery? Have you ever wanted to shoot a bow and arrow? Sign up for this clinic and learn the basics from an instructor who has been teaching archery for years. The clinic may be in or outdoors depending on weather. Parent are required to stay and help with their child. Safety is a very important aspect to this class.

Program #	Day	Date	Program Time	Res/NR Fee
212054	W	4/4-4/25	4:30-5:30pm	\$60/\$90

Min/Max: 4/10

Registration Deadline: March 19

Location: Romeoville Recreation Center,

900 W. Romeo Road, Romeoville

Contact Person: Jenny



THE ILLINOIS LAW ENFORCEMENT TORCH RUN POLAR PLUNGE FOR SPECIAL OLYMPICS

The Illinois Law Enforcement Torch Run Polar Plunge is a unique opportunity to support Special Olympics athletes by taking a flying leap – a leap into the frigid waters of Manteno Lake, 851 N. Main St, Manteno or Leisure Lake, 21900 SW Frontage Rd., Joliet.

Plungers are asked to raise at least \$75 in donations from friends, family and co-workers in exchange for jumping into the icy waters in the middle of winter. Each plunger receives a Polar Plunge sweatshirt and entrance into a Post-Plunge Party, plus the chance to win additional prizes for raising more money. All proceeds collected by plungers benefit Special Olympics Illinois athletes.

In 12 years the Law Enforcement Torch Run has raised over 5 million dollars!

Attire: Anything but a wet suit. Shoes are recommended and costumes are encouraged. Don't forget a towel with which to dry off! No head-first diving is allowed!

Contact Jenny at the office for further information.

PLEASANT POLAR PLUNGE	SATURDAY, MARCH 3	TBA
MANTENO POLAR PLUNGE	SATURDAY, MARCH 3	2:00 PM PLUNGE
CHANNAHON POLAR PLUNGE	SATURDAY, MARCH 10	12:00 PM PLUNGE



Day Camps



DAY CAMPS AND TEEN & ADULT DAY PROGRAMS

Fill your summer days with games, crafts, swimming, fieldtrips, and more. Best of all you will spend time with peers and make new friends. Several camp opportunities are available to meet your needs. All camps run Monday through Friday and times vary with each camp. Sign up for your camp of choice in two week intervals or the entire season. At the time of registration a non-refundable deposit of \$100 is due to secure your spot and will go towards your balance. Each session of the camp must be paid in full before your child can start. Payment plans are available if you register by the deadline.

Little Astronauts - ages 3 – 7

Camp-O-Rama- ages 8 – 12

Totally Teens A & B- ages 13-19

WAVE- ages 20 and Older

Little Astronauts - This is a great opportunity to introduce your little one to a camp experience or extend your day after summer school.

Camp-O-Rama - After the school day lets out, come and join your friends for some fun and recreation.

Totally Teens A & B - Teens are given the tools to gain independence and help choose their recreation experiences along with community service projects.

WAVE - This program focuses on important aspects of life including healthy lifestyle choices, being physically active and volunteering in the community.

Session 1: June 18-June 29

Session 2: July 2-July 13, No July 4

Session 3: July 16-July 27

Session 1 and 2 of Little Astronauts, Camp-O-Rama and Totally Teens B is a partial day format that compliments your “Extended School Year” program.

Session 3 of Little Astronauts and Camp-O-Rama which takes place after most “ESY” sessions has a full day format.

Session 1-3 of Totally Teens A and WAVE is a full day format providing recreation experiences along with community service projects.



Creative play is like a spring that bubbles up from deep within a child.

Loan Almon

Watch for our 2012 Summer Day Camp and Teen and Adult Day programming in the early Spring!

This guide will provide detailed information about each program.



COMMUNITY EVENTS

Community



DADDY DAUGHTER DATE NIGHT
 Friday, February 10, 2012
 Prairie Bluff Golf Club Banquet Hall
 6:30-9:00pm
Fees: \$20/Res. - \$30/Non-Res. per person
 Fathers ... Uncles ... Grandfathers or anyone with a special girl - you are invited to Prairie Bluff to enjoy a memorable evening full of fun. Enjoy a theater performance (If you Give a Cat a Cupcake), dessert & punch followed by dancing, games and more! Pre-registration is required as there are a limited number of seats available. Each person attending is subject to the fee above and must register.

**LOCKPORT TOWNSHIP
 PARK DISTRICT**
 1911 S. Lawrence Ave.
 815-838-3621, ext. 0
www.lockportpark.org



BOMBS AWAY BUNNY BRUNCH
 Saturday, March 31, 2012
 Prairie Bluff Golf Club Banquet Hall
 8:30am-10:00am
 11:00am-12:30pm
2-12 yrs. \$9/Res. - \$12/Non-Res.
13+ yrs. \$12/Res. - \$15/Non-Res.
 Hip-pity-hop your family over to Prairie Bluff to enjoy a delicious breakfast buffet and family fun! Everyone will be sure to enjoy watching the arrival of the Easter Bunny by helicopter and hunting for specially delivered eggs. Don't forget your Easter Basket! A Special thanks to Clow International Airport in Bolingbrook.



H2O EGG-VENTURE
 Saturday, March 31, 2012
 12:00pm-3:00pm
The CORE
 Back by Popular Demand is our 3rd Annual H2O Eggventure at The CORE! This is an event you won't want to miss; instead of running for eggs, we will dive for eggs! Children will visit with the Easter Bunny, enjoy carrot cake and milk, enter a coloring contest, jump in the moon jumpy and dive for eggs. Mark your calendars now! Please register in advance.

LEMONT PARK DISTRICT
 16028 127th Street
 630-257-6787
www.lemontparkdistrict.org



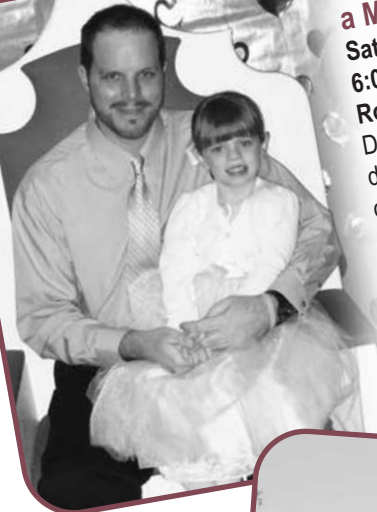
**TROPICORE
 FAMILY FUN NIGHT!**
 Friday, May 18, 2012
 5:30pm-8:30pm
The CORE
 Kick off the Summer at the 3rd Annual TROPICORE Family Fun Night...featuring tropical games, activities, jamming with the DJ and favorite Summertime snacks all indoors at The CORE! This is an all-ages FREE event!



COMMUNITY EVENTS

DADDY-DAUGHTER BALL... a Magical Dinner Date Night! Saturday, February 4, 2012 6:00-9:00pm

Romeoville Recreation Department
Dads and daughters (age 3 to 10), get dressed up for this special night of dancing, dinner, a craft, and Valentine's Day couple picture! Pre-registration is required; fee for daddy-daughter couple is \$24 Romeoville residents and \$36 non Romeoville resident. Additional daughter fee is \$10 resident or \$15 non resident. Call the Romeoville Recreation Department for more information!



ROMEOVILLE RECREATION DEPARTMENT

900 W. Romeo Rd.
(815) 886-6222
www.romeoville.org

OPEN HOUSE

Friday, March 16, 2012
6:00-9:00pm

Romeoville Recreation Department

The Open House will feature class demonstrations, free access to the Jungle Safari Indoor Playground and Fit 4 Life Fitness Center, inflatables, information booths from community organizations and more! Romeoville Razzlers Dance Team and Romeoville Tumbleweeds Gymnastics Team will also be featured. This event is free to the public, so stop by to see what the Village of Romeoville and the Community have to offer! Call the Romeoville Recreation Department for more information!



FIRST TIME PARTICIPATION \$20.00 DISCOUNT COUPON

This coupon entitles the bearer to \$20.00 off the first registered program or event at Tri County Special Recreation Association. Coupon must be presented at time of registration and is only good for first time resident participants to our program. There is no cash value to this coupon.

Name: _____

Address: _____

Phone Number: _____

Email Address: _____

Tri County Special Recreation Association provides year round recreation and social opportunities for people with disabilities through a cooperative agreement between the Lemont Park District, Lockport Township Park District and the Village of Romeoville.

INCLUSION SERVICES AT TRI COUNTY SPECIAL RECREATION ASSOCIATION

Tri County Special Recreation Association is committed to providing new and challenging leisure and recreation activities for all of our participants. We recognize that a park district or recreation department program may better serve an individual's needs. Tri County Special Recreation Association works with our member agencies to assist individuals with making the transition from special recreation to these programs. Our professional staff can help you choose an appropriate program, provide referral services, conduct any necessary staff training, secure support staff, or supply adaptive equipment or communication devices. If you or a family member wish to participate in a park district or recreation department program, please call the Program Coordinator at 815-407-1819 ext 203.

Community



Registration

Registration Dates:

Resident Registration Begins December 12, 2011
Non-Resident Registration Begins December 19, 2011

REGISTRATION PROCEDURES

Choose the Program you want

- Complete the registration form on page 25 & 26.
- **Payment must accompany Registration Form**
- Accepted forms of payment include cash or check. (Credit cards are not accepted).
- Sign both sides of the form.
- Signed registrations must be received by the Tri County SRA office by the deadline date of each individual program registered for.
- A current Annual Information Form must be on file with Tri County SRA for new and returning participants. Current means the form has been completed within the last 12 months from date registering. For more information, see the section on "Annual Information Form".
- Registration is considered complete when full payment is received, unless a payment plan has been approved.
- Phone-in registrations will not be accepted and will not "hold your place" on a roster.
- Tri County SRA staff may not receive payment or registrations during programs.
- There are no prorated fees for late registration. The only exception to this policy is if the participant is new to Tri County SRA programs.
- All outstanding registration fees must be paid in full prior to registering for the next program season.

ANNUAL INFORMATION FORM

Tri County Special Recreation Association requires all participants to complete a yearly Annual Information Form. The form provides staff with valuable information which allows Tri County Special Recreation Association to conduct its activities in the safest possible manner and to meet the needs of the participants. If you are new to Tri County Special Recreation Association or do not have a current form (completed within the last 12 months) on file, please contact the office and one will be sent to you. If at any time the form needs to be updated (changes in medication, behavior, etc.), please call the Tri County Special Recreation Association office. All information is kept strictly confidential and enhances successful participation.

OUTSTANDING BALANCES

All participants that have a fee balance remaining from a previous season will not be allowed to register for new programs until that balance is paid in full. Special arrangements can be made, but must be done by contacting the office in advance.

SCHOLARSHIPS

The commitment of Tri County SRA and the member agencies is to provide all individuals considered residents the opportunity for participation in Tri County SRA programs. A scholarship fund has been developed to assist individuals who may be experiencing financial difficulty. Individuals seeking financial assistance should contact Peggy Wilson for more information regarding the scholarship process. All personal information required for scholarship procedures is kept strictly confidential. Scholarships must be requested in writing utilizing a Scholarship Request form each program season.

REFUND PROCEDURES

- All requests for refunds or credit must be submitted in writing.
- All refunds or credits are subject to a \$2.00 service charge per program.
- Requests for refunds or credits must be applied for within ten business days prior to the beginning of the program.
NOTE: Programs which include daily admissions or tickets to entertainment or sports events, etc. will be a prorated refund based on budgetary considerations.
- A full or prorated refund will be granted if a medical condition prohibits participation. **NOTE:** A doctor's note must be included with the refund request.
- Vacation and weeklong trips have a non-refundable deposit that is required.
- Refunds or credits are not provided for programs Tri County SRA cancels due to weather.
- Refunds will be held as a program credit unless prior alternative requests have been made to the Tri County Special Recreation Association office.



REGISTRATION FORM



Name: _____ Birth Date: _____ Age: _____
Address: _____ City: _____ Zip Code: _____
Township: _____ School/Work: _____
Parent/Guardian's Name: _____ Participant's Home Phone: _____
Mother's Work Phone: _____ Father's Work Phone: _____
Mother's Cell Phone: _____ Father's Cell Phone: _____
E-mail Address: _____
Emergency Contact: _____ Phone: _____
Group Home Name: _____ Contact Name: _____ Phone: _____

Disabilities or Diagnosis: _____
Special Education Classification: _____
Does participant have seizures? _____ Frequency: _____
Does participant have downs syndrome? _____
If yes, is a doctor's note on file with Tri County Special Recreation Association stating the participant is free of Atlanto-Axial Instability?

Does participant utilize a wheelchair? _____
If yes, what type of wheelchair and is the individual able and willing to transfer out of the chair if necessary? _____
List Allergies or Food to avoid: _____

Medications taken and dosage: _____

Behaviors to be aware of: _____
Other considerations: _____
First time participant? (please check one): YES NO If yes, where did you hear about us?: _____
T-shirt size (please check one): Child 6/8 10/12 14/16 Adult S M L XL XXL

_____/_____/_____
Signature **Date**

Photo Permission: I do hereby grant permission of a picture of myself/participant to be used in publicity or brochures related to Tri County SRA.

_____/_____/_____
Signature **Date**

PLEASE COMPLETE BACK SIDE OF REGISTRATION FORM. ONLY CHECK PROGRAMS FOR WHICH YOU ARE REGISTERING.



**THANK YOU 2011
DELLWOOD FOUNDATION & TRI COUNTY SRA
"TOGETHER WE PLAY" DONORS & SPONSORS**

- | | |
|-----------------------------|---------------------------------|
| Ashbury's at Boughton Ridge | Lemont Sertoma Club |
| Atlas Insurance Brokerage | Lockport Township Park District |
| BMB Transport | Lockport Strike N Spare II |
| Boughton Ridge Golf Course | Mayor John Noak |
| Cathy & Chuck Tomczak | Meade Electric Company, Inc |
| CITGO Lemont Refinery | Michalenes Liquor |
| Chicago White Sox | Michael's Pizza |
| Choice Designs of Lemont | Pete Pope |
| Culvers | Romeoville - |
| Dominic Salvino, Jr. | Poronsky Family Practice |
| Don & Prathyl Jackson | Romeoville Recreation |
| Hampton Park - | Department |
| Social Athletic Club | Sharon Wells |
| Hollywood Palms Cinema | The Links at Carillon |
| Joan Lilek | TGI Fridays |
| Kiwanis Club of BB/RV | Tri County SRA |
| Ken & Jaymee Lindblom | Village Greens Golf Course |
| Lemont Lions Club | Woodridge Park District |
| Lemont Park District | |

2011 RECOGNITION AWARD WINNERS



Pictured left to right: Tom Conway ("You've Got Attitude" Award), **Michael Ratcliff** (Jr. Athlete of the Year), **Thomas Rinke** (Volunteer of the Year), **Laura Bolf** (Most Spirited), **Timmy Bodner** (Athlete of the Year).

**TRI COUNTY SPECIAL RECREATION ASSOCIATION
PART-TIME STAFF AND VOLUNTEERS**

Tri County Special Recreation Association would like to extend a heartfelt thank you to the many terrific staff and volunteers who provide their time, talents, efforts, and hard work during our programs and special events during the Fall 2011 Season. We are forever grateful for all of your loyalty, dedication, and enthusiasm.

STAFF

Michelle Cullen, Lisa DeGuilio, Brad Evans, Liz Foristall, Jordan Fiedler, Sue Groves, Pam Hamilton, Meagan Johnson, Meghan Kuchyak, Joan Lilek,, Karen Lukasek, Shelley Madonia, Kait Mayszak, Gina Pareti, Kandi Perkey, Andrea Simone, Stephanie Spain, Victoria Thomas, Drew VanVooren, Dallyce Wallace, Marissa Wartenberg Sharon Wells, and Nichole Wiemer.

VOLUNTEERS

Jim Gottlick, James Gottlick Jr., Kathy Johnson, Meagan Johnson, Morgan Kilgore, Haley Ochromowicz and David Swanson.

BOARD OF DIRECTORS MEETINGS

The public is invited to attend Tri County Special Recreation Association Board of Directors meetings. Meetings are held the fourth Wednesday of each month, unless otherwise posted, at 1:30 pm at the office, 10 Montrose Dr., Romeoville. You may call the Tri County Special Recreation Association office at (815) 407-1819 if you would like more information regarding these meetings.

**ASSOCIATION COOPERATIVE MEMBER
AGENCIES AND REPRESENTATIVES**

Lemont Park District - Contact: Louise Egofske
16028 W. 127th St., Lemont, IL 60439 (630) 257-6787

Lockport Township Park District - Contact: Sue Micklevitz
1911 S. Lawrence Ave., Lockport, IL 60441 (815) 838-1183

Romeoville Recreation Department - Contact: Kelly Rajzer
900 W. Romeo Rd., Romeoville, IL 60446 (815) 886-6222



Winter/Spring 2012
Program Guide

10 Montrose Dr.
Romeoville, IL 60446

(815) 407-1819
FAX (815) 407-1829

NON-PROFIT
ORGANIZATION
U.S. POSTAGE
PAID
Romeoville, IL
PERMIT NO. 50

The Important Things in Life



Northern Lights Annual Candlelight Bowl Fundraiser

Saturday, February 11, 2012

8:30pm-12:00am

Lockport Strike N' Spare,

811 Northern Avenue, Lockport

Contact Tri County SRA at (815)-407-1819 for more information
about becoming a sponsor or bowling at the event.

Day Camp

Join us for an action-packed summer! We will be offering a variety of day camp experiences. Look for the day camp brochure that will be mailed in March. If your child has not participated in our Day Camp program in the past and would like to be added to our Day Camp mailing list, contact our office.

www.tricountysra.org



Become a Fan of Tri County Special Recreation Association on FACEBOOK